BeYOUtiful Ink

COSMETIC + RESTORATIVE TATTOOING

FOR PHYSICIANS AND CARE TEAMS

Physician and Care Team Referral Packet

Individualized restorative tattooing after breast reconstruction, surgery, and changes to the skin's appearance.

This packet introduces BeYOUtiful Ink's restorative services, explains consultation and timing considerations, and provides information care teams can share with patients. Patients may contact the studio directly; the referral worksheet is optional.

Kelly Yetzer

Licensed Minnesota Tattoo Technician
Cosmetic + Restorative Tattoo Artist

Little Falls, Minnesota
Serving Central Minnesota and clients throughout Minnesota

Restorative tattooing is an optional, personal choice. Each consultation begins with the client's goals.

Contents

Introduction letter

Provider service overview

Referral timing and consultation

Patient handout for areola restoration

Complimentary areola restoration program

Optional physician referral worksheet

Professional approach and provider contact

Introduction letter

Dear Physician and Care Team,

I'm Kelly Yetzer, owner of BeYOUtiful Ink in Little Falls and a Licensed Minnesota Tattoo Technician. I welcome appropriate referrals for 3D areola restoration, selected scar revision and camouflage, and other restorative tattoo services after appropriate healing.

My specialized restorative education includes personal one-on-one training with Stacie-Rae and Mary Hall Scott; online areola restoration training with Jody Stoski and Haley Shortridge Gabriel; and inkless revision and pigment camouflage training with Nue Conceal. I approach each case conservatively, with attention to skin integrity and realistic expectations. A private consultation considers the client's goals, relevant surgical and treatment history, and tissue condition before I recommend a service.

My restorative work includes unilateral and bilateral areola restoration, inkless scar and stretch mark revision, and pigment camouflage for suitable healed areas. Some scars may need texture-focused work before pigment is considered. Not every scar needs pigment, and consultation may lead to a recommendation to wait or not proceed.

Restorative tattooing is a personal choice. I respect each client's preferences and work within the scope of tattoo artistry. Medical assessment and clearance remain with the healthcare team; I may request medical guidance when the history or tissue condition warrants it.

The enclosed packet explains available services, consultation considerations, and the optional referral process. I also offer a monthly complimentary areola restoration clinic for eligible survivors and previvors, subject to application requirements and availability.

Patients may contact me directly at (320) 360-5605 or visit beyoutiful.ink. With appropriate patient authorization, I welcome communication with your team to support planning. Thank you for considering BeYOUtiful Ink as a resource for your patients.

Warmly,
Kelly Yetzer
Licensed Minnesota Tattoo Technician
Owner, BeYOUtiful Ink
(320) 360-5605
beyoutiful.ink

Provider service overview

All restorative services require consultation. A referral is an invitation to explore options; it does not guarantee suitability for tattooing.

3D Areola Restoration
Customized unilateral or bilateral tattooing to recreate the visual appearance of an areola and nipple after appropriate breast surgery and healing. Previous tattoo corrections are evaluated individually.

Inkless Scar Revision
Texture-focused needling for selected healed scars, without adding pigment. Suitability and the anticipated number of sessions are assessed individually; results vary.

Scar Camouflage
Pigment tattooing intended to reduce visible color contrast in selected healed, stable scars. Camouflage does not remove a scar or change its underlying texture.

Stretch Mark Revision and Camouflage
Inkless revision addresses selected texture concerns without adding pigment. Pigment camouflage is a separate option for suitable color differences. Consultation determines whether either approach is appropriate.

Restorative Lip Tattooing
Individualized color restoration for suitable healed lips, including selected post-injury or post-surgical cases. Scars may require texture-focused revision before pigment is considered.

Belly Button Restoration
Tattoo artistry to recreate or enhance the visual appearance of the umbilical area after appropriate healing.

Nail Illusions
Selected toenail or thumbnail tattoo illusions following individual assessment.

Scalp Micropigmentation
Tattooed impressions that create the appearance of hair follicles in appropriate cases. This service does not regrow hair.

Scope of service: Restorative tattooing is elective tattoo artistry. It does not replace medical evaluation, surgery, or management of disease. Results and suitability vary by individual.

Referral timing and consultation

Patients may be referred early for education and planning. Tattooing is scheduled only after consultation and appropriate healing.

For areola restoration, BeYOUtiful Ink generally requires at least six months after the most recent relevant breast surgery, with fully healed, stable tissue. This is a conservative studio policy, not a universal medical readiness rule.

Consultation considerations

- Relevant surgeries and dates.
- Reconstruction type and any planned additional procedures.
- Radiation history and previous cancer treatment.
- Scar characteristics, tissue stability, and healing history.
- Relevant medications and health considerations.
- Previous tattooing in the area.
- The client's goals and expectations.

Tattooing is postponed when there is active chemotherapy or radiation, open or broken skin, infection, drainage, significant irritation, or unresolved healing concerns. Medical guidance may be requested when history or tissue condition raises questions.

Referral process

1. The care team introduces BeYOUtiful Ink or provides the patient handout.
2. The patient contacts the studio to request a restorative consultation.
3. Kelly reviews goals, history, and tattoo suitability.
4. Medical guidance is requested when appropriate.
5. Suitable clients receive individualized planning, preparation instructions, aftercare, and follow-up guidance.

The referral worksheet is optional; patients may contact the studio directly.

Patient handout for areola restoration

Your goals guide the design.

Following mastectomy or breast reconstruction, areola tattooing can recreate a visual detail that feels personally meaningful. Whether you are ready to move forward or simply exploring your options, your first step is a private conversation.

About 3D areola restoration

Customized color, shading, highlights, and detail create the appearance of an areola and nipple. The tattoo itself remains flat; the dimensional appearance is an optical illusion. Surgically reconstructed projection, when present, is separate from the tattoo.

Your design is personal

Placement, size, shape, and color are planned around your anatomy, reconstruction, and preferences. Unilateral, bilateral, and selected correction cases are evaluated individually. Tattooing is optional; you can use your consultation to learn about the choices without committing to a procedure.

Readiness and timing

BeYOUtiful Ink generally requires at least six months after your most recent relevant breast surgery. Your tissue must be fully healed and stable. Your surgical or oncology team's guidance may be requested.

Your consultation

We discuss your history, assess the area, explain realistic options, and answer your questions. Your comfort, privacy, and choices guide the process.

Request a private consultation

BeYOUtiful Ink
Little Falls, Minnesota
(320) 360-5605
beyoutiful.ink

Complimentary areola restoration program

BeYOUtiful Ink offers a monthly complimentary areola restoration clinic for eligible survivors and previvors following mastectomy or reconstruction.

The program is available to women and men. Selection is based on application information, need, tattoo suitability, and availability. Typically, one to three clients are selected per clinic.

Current participation requirements

- Age 18 or older.
- At least six months after relevant surgery, with healed and stable tissue.
- No current chemotherapy or radiation.
- An initial consultation.
- Agreement to discreet promotional photography, which may include the face, and interview responses for promotional materials.
- Agreement to Nipplebacks placement when used.
- Willingness to participate in healed follow-up and Perfecting Session documentation.

A follow-up Perfecting Session is included.

The program is intended for restoration following mastectomy or reconstruction, rather than cosmetic augmentation alone. Acceptance is subject to consultation and availability.

For referring teams

Patients concerned about cost may contact BeYOUtiful Ink to ask about the application process. Explain the promotional participation requirements before a patient applies. These requirements apply to the complimentary program; photography choices for other appointments follow the applicable consent process.

BeYOUtiful Ink

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Optional physician referral worksheet

Patient name: _____

Preferred contact information: _____

Referring provider: _____

Practice: _____

Provider phone: _____

Reason for referral

☐ Unilateral areola restoration ☐ Bilateral areola restoration

☐ Previous areola tattoo correction ☐ Inkless scar revision or camouflage

☐ Stretch mark revision or camouflage ☐ Restorative lip tattooing

☐ Belly button restoration ☐ Nail illusion

☐ Scalp micropigmentation ☐ Other: _____

Relevant surgery or procedure: _____

Date of most recent relevant surgery: _____

Additional surgery planned? ☐ Yes ☐ No ☐ Unknown

Relevant radiation history or site: _____

Current chemotherapy or radiation? ☐ Yes ☐ No ☐ Unknown

Known healing concerns or precautions: _____

Provider notes: _____

Provider statement

☐ Referral is for consultation and education only; no medical clearance statement is being provided.

☐ In my clinical judgment, the referred area is sufficiently healed for evaluation for tattooing.

☐ Please contact our office before proceeding.

Provider signature: _____ Date: _____

Patient authorization for coordination

☐ The patient has authorized relevant communication between the referring practice and BeYOUtiful Ink.

A referral does not guarantee tattoo suitability. Share health information only with appropriate patient authorization and through a mutually agreed secure method.

Professional approach and provider contact

Kelly Yetzer | Licensed Minnesota Tattoo Technician

Kelly's approach combines advanced cosmetic and restorative education with conservative planning, attention to skin integrity, and individualized artistry.

- Private, respectful consultations.
- Relevant health and surgical history review.
- Realistic expectations and informed consent.
- Individualized placement and color planning.
- Infection-prevention practices appropriate to tattoo procedures.
- Written preparation and aftercare instructions.
- Follow-up planning and referral back to medical care when needed.
- Photography according to the client's applicable consent choices.

Provider contact

BeYOUtiful Ink
Kelly Yetzer
Licensed Minnesota Tattoo Technician

62 E Broadway Ave, Suite 101
Little Falls, MN 56345

Phone: (320) 360-5605
Website: beyoutifulinkmn.com
Instagram and Facebook: @beyoutifulinkmn

By appointment only. Consultation required for restorative services.